



LEVEL 6 DIPLOMA

IN TRAUMA COUNSELLING

SEPT 2025 - JULY 2026

AWARDED BY CPCAB

REGULATED BY OFQUAL

A UNIQUE COMBINATION OF THEORY, TRAUMA INFORMED
SKILLS PRACTICE SESSIONS AND PERSONAL DEVELOPMENT



**LEVEL 6 DIPLOMA
TRAUMA COUNSELLING COURSE**

Face to Face

Venue:

Willows Counselling & Training
Swindon - SN1 3LQ - Wiltshire





Is this the course for me?

COURSE DETAILS



COURSE OVERVIEW

The course approach combines theoretical study, practical skills training, self-awareness and personal development work.

This course has been designed to equip counsellors to recognise, assess and work with trauma more effectively in their clinical practice, including single, complex and developmental trauma, and the effect of attachment injury. Students will be taught a range of trauma theory and associated skills based on Herman's Three Phase Trauma Model. The course will provide opportunities to learn and develop skills using an integrative model of trauma, including working somatically and with dissociation.

Additional themes covered in the course will be; somatic work and neurobiology, attachment theory, flashbacks, dissociation, symptom reduction, shame, diversity, risk, rupture & repair, supervision, resilience and self-care.

WHAT DOES THE COURSE INVOLVE?

- Attending the training session each month
- Maintaining a reflective journal of progress and self-awareness
- Attending termly tutorials with a personal tutor
- Completing a portfolio of evidence, including a written case study and presentation demonstrating integration of practice and theory.
- Reading the books from the required reading list
- Completion of a minimum of 30 hrs of supervised clinical practice with trauma clients
- Completion of 20 hours of trauma informed personal counselling / psychotherapy

The course will also require an additional time commitment for study, reading, research and written work in addition to attending the training session each week.



What about the training centre?

TRAINING AT WILLOWS



WHAT OUR STUDENTS SAY...

"As a qualified counsellor the trauma course is giving me the opportunity to hone my trauma counselling skills.... I have gained knowledge, experience, and valuable insights into Herman's 3 stage model. With great support and guidance from the tutors my overall confidence and ways of working with trauma have expanded 3-fold."

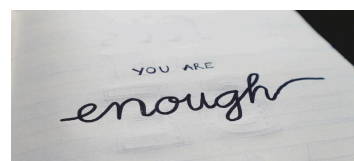
LH - 2020 course

"This course offers an opportunity to work effectively with trauma and gain a better understanding of our clients', and our own responses and experience. The course is stretching but I wouldn't have missed it for anything. Both I, and my work with clients have benefitted enormously. Thank you."

JW - 2020 course

WHY TRAIN WITH WILLOWS?

- We have 30 years experience of providing high quality counselling training and are well respected in our field
- We believe that our approach to training sets us apart from other course providers. We are truly committed to the personal, professional and emotional development of our students and to nurturing their unique qualities and attributes
- As an active Counselling Agency, we offer a unique training experience where students are exposed to the workings of an agency. Students are eligible to apply to the clinical arm of the agency for student placements. Placements are not guaranteed and are dealt with separately to the training
- Willows is renowned for our long history of knowledge, experience, and research in the field of trauma
- Our Level 6 students are eligible to apply for a Totum Pro student discount card





What is the cost and can I apply?

PRACTICAL INFORMATION



COURSE FEE

The course fee is **£2650**

This is exclusive of books, personal therapy, supervision and travel expenses incurred.

The course fee can be paid in full or by deposit of £780 with 11 monthly instalments of £170.

Upon accepting a place on the course, students commit to paying the full course fee, regardless of whether they finish the course.

The course fee is non-refundable.

ENTRY REQUIREMENTS

This course is for qualified Counsellors / Psychotherapists who are looking to enhance their knowledge and clinical application in the field of trauma.

- Prior completion of a recognised Level 4 Counselling Diploma course or higher - with a min 420 guided learning hours (GLH)
- Currently be in clinical practice
- Member of a professional body
- Full completion of the course application form (available on request)
- Write a pre-course essay on your clinical experience and your motivation for applying for this course. (1500 words)
- You will be invited to attend a pre course interview

COURSE DATES

The course is delivered on 2 consecutive days per month over 11 months.

Dates - 12th September 2025 - 11th July 2026

Day & Time - Friday, 11.00am - 6.00pm

Saturday, 9.30am - 5.00pm

A minimum of 80% attendance will be required for successful completion.

APPLY NOW

Application packs available at www.willowscounselling.org.uk

For further details, contact our Training Manager
email: training@willowscounselling.org.uk
tel: 01793 426650



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