



Welcome to Willows



Willows Counselling & Training is a leading provider of counselling services for adults and professional counselling training in Swindon, Wiltshire. We have over 32 years' experience and are a widely recognised and highly respected counselling and training agency.

Willows Counselling provides affordable and subsidised counselling for adults in the greater Swindon area. We have a team of professionally qualified counsellors, with experience of counselling people with a wide range of difficulties including anxiety, stress, depression, loss, abuse and trauma.

Willows Training provides the full suite of counselling training courses from Levels 2, 3, 4 and 5. We are consistently assessed as outstanding by the Counselling & Psychotherapy Central Awarding Body (CPCAB). We are also a Recognised Counselling Service, a distinct mark of quality from the National Counselling Society.

The Willows Centre, 11 Prospect Place, Old Town, Swindon, Wiltshire SN1 3LQ
01793 426 650 · willows@willowscounselling.org.uk · www.willowscounselling.org.uk



Willows Training Programmes - uniquely our training is embedded within our counselling agency. This enables us to remain at the forefront of current themes and issues. From beginner to fully-qualified, we deliver training to equip people to become counsellors and for those who already work in the profession. Counsellors who are already qualified may wish to complete our Diploma in Trauma Counselling (Level 5).

Our training on Counselling Skills (Level 2) and Counselling Theory (Level 3) are suitable and useful training for supervisors, team leaders, pastoral, social or youth workers, caring professions, HR and business managers, as well as those wishing to train as a counsellor. Level 4 is the required qualification to become a qualified counsellor in the UK.

Willows Workshops – our annual programme of workshops for Continuing Professional Development is suitable for anyone to attend. They are open to any adult who is interested in the topics covered, including from the fields of business, school, social, pastoral, charity or community. They are led by some of the most sought-after International and National Speakers in the fields of counselling, psychology trauma and mental health and wellbeing.

Bespoke Training & Partnerships – whether your organisation is a school, business, church, charity, community group or other organisation, Willows offer several half, one and two-day training courses on Basic Listening Skills, Stabilising Difficult Emotions Mental Health Skills and Awareness in the Workplace. Get in touch with us as we can bespoke our services to your particular needs.

Room Hire – we have rooms available with free car parking for hire by the hour, day or over several days and as a one-off or regularly.

Please feel free to get in touch with us:

Training & Workshop enquiries email training-enquiries@willowscounselling.org.uk

Room hire email centre@willowscounselling.org.uk

General email willows@willowscounselling.org.uk Phone 01793 426 650.

Find out more about us on our website www.willowscounselling.org.uk

Follow us on social media [Facebook](#) [Twitter](#) [LinkedIn](#) [YouTube](#) [Instagram](#).

**The Willows Centre, 11 Prospect Place, Old Town, Swindon, Wiltshire SN1 3LQ
01793 426 650 · willows@willowscounselling.org.uk · www.willowscounselling.org.uk**